

I Ain't Worried About It

Count: 32

Wall: 4

Level: Beginner

Choreographer: Hana Ries (USA) - June 2025

Music: I Ain't Worried About It - Zac Brown Band



Speed: 111 bpm

#32 count intro, start dancing on lyrics

Break/Pause on wall 8 after the first 16 counts

(R=right foot, L=left foot)

ROCKING CHAIR, WALK 4X (12:00→12:00)

1-2-3-4 Rock R forward, Recover to L, Rock R back, Recover to L

5-6-7-8 Step R forward, Step L forward, Step R forward, Step L forward

ROCKING CHAIR, PIVOT ½ TURN, TRIPPLE STEP SLIGHTLY FORWARD (12:00→6:00)

1-2-3-4 Rock R forward, Recover to L, Rock R back, Recover to L

5-6 Step R forward, Turn ½ left shifting weight onto L

7&8 Step R slightly forward, Step L next to R, Step R slightly forward,

Break on wall 8 here - freestyle for about 8 seconds. □

STEP TOUCHES (ONE FORWARD, THREE BACK) (6:00→6:00)

1-2 Step L diagonally forward, Touch R next to L,

3-4 Step R diagonally back, Touch L next to R

5-6 Step L diagonally back, Touch R next to L

7-8 Step R diagonally back, Touch L next to R

VINE LEFT, WALK AROUND ¾ RIGHT (6:00→3:00)

1-2-3-4 Step L to left, Step R behind L, Step L to left, Touch R next to L

5-6-7-8 Step R to right turning ¼ right, Step L forward turning 1/8 right, Step R to right turning ¼ right,

Step L forward turning 1/8 right

Note: In the last 4 counts, the turns are not exact. Simply walk ¾ around to the right.

BREAK

On wall 8 after the first 16 counts (facing 3:00), freestyle until the music picks up again while shifting weight onto R, then continue with the dance from count 17 (= step touches, etc...)

REPEAT

ENDING

On wall 11, you will be facing the back wall (6:00) when the song comes to an end. Dance the first 8 counts, then quickly turn ½ left to face the front and strike a pose.

Last Update: 9 Jun 2025